

18th Annual Diabetes Management Conference: The Continuum of Diabetes Care

May 6, 2016

8 am to 4:15 pm

Bridger Field House
499 Deacon Blvd.
Winston-Salem, NC 27105

Program Overview and Objectives

This symposium is designed to provide educational opportunities for health care professionals to gain knowledge about specific topics in the field of adult and pediatric diabetes. It is imperative that health care professionals remain educated in all aspects of their patient's care, from clinical management to behavioral and quality of life. This knowledge-based activity is designed to provide physicians, nurses,

nurse practitioners, physician assistants, pharmacists, dietitians and other health care professionals with the most current trends and continuum of treatment strategies for patients with diabetes.

Upon completion of the activity, participants should be better able to:

- Describe different types of diabetes and characterization of patient presentation along with implications for treatment decisions and complication screening.
- Identify new discoveries in insulin therapies and incretins for diabetes management.
- Discuss candidates for Continuous Glucose Monitoring (CGM), practical issues, system comparisons, reimbursement and how to best use immediate information from CGM.
- Review practical approaches to insulin pump use and considerations of both provider and patients.
- Describe the role of physical activity with strategies to minimize risks associated with exercise and provide tools to design an activity plan for patients with diabetes.
- Discuss the respective impact of environmental factors (glycemic, lipid and hypertension control) and inherited factors on development of type 2 diabetes-associated kidney and cardiovascular disease.
- Outline approaches to goal setting and provide a framework for providers to guide patients through the goal-setting process.

Who Should Participate

This activity is planned for physicians, nurses, nurse practitioners, physician assistants, dietitians, pharmacists, advance practice providers and all other health care professionals in the treatment of diabetes.



Register online at northwestahec.org/48127

Credits

- 7.0 Contact Hours from Northwest AHEC
- 0.7 CEUs from Wake Forest School of Medicine
- Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- 7.0 Contact Hours for Registered Dietitians through the Commission on Dietetic Registration.
- 7.0 Continuing Nursing Education (CNE) Contact Hours
Northwest Area Health Education Center (NWAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
(#AP006-160506)
Participants must attend the entire activity and complete the online evaluation to receive credit. NO partial credit will be awarded.
2.0 Pharmacotherapeutic Hours for NPs and CNSs
- This program will provide 7.0 contact hours of continuing pharmacy education credit.

ACPE #: 0046-9999-16-031-L01-P



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

AHEC Faculty Coordinator:

Sheila Bogan, MPH, MCHES

Dental and Pharmacy Coordinator
Northwest AHEC

No partial credit will be offered for this program.

Continuing Education Credit: To receive CE credit, participants must pre-register and acknowledge their attendance by signing in at the beginning of the program. Participants must attend 100 percent of the program and participate in learning activities. Statements of credit can be viewed and printed from CPE Monitor.

Important new requirement from the Accreditation Council for Pharmacy Education (ACPE) and the National Association of Boards of Pharmacy (NABP) for all pharmacists and technicians who obtain CPE credit. The CPE Monitor system will securely track all your completed CPE credits in a central system. Learn about the new requirement at www.nabp.net.



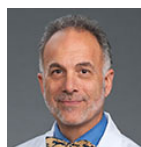
Jointly provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest School of Medicine and part of the NC AHEC System and the University of North Carolina Eshelman School of Pharmacy.



THE UNIVERSITY
of **NORTH CAROLINA**
at CHAPEL HILL

Faculty



Joseph Aloï, MD

Section Chief and Professor of Endocrinology and Metabolism
Executive Director, Endocrine, Obesity and Metabolism Service Line
Wake Forest Baptist Health, Winston-Salem, N.C.

In addition to providing direct patient care at the Joslin Diabetes Center-affiliate through Wake Forest Baptist Health, Dr. Aloï is currently involved with research targeting newer therapies for type 1 and type 2 diabetes as well as technological advancements combatting inpatient hyperglycemia. He received a BS degree in biochemistry from the University of Maryland, completed medical school at George Washington University, as well as an internal medicine residency and Endocrinology Fellowship at the University of Virginia.



Brittany Bohinc Henderson, MD

Assistant Professor of Medicine, Division of Endocrinology, Diabetes and Metabolism
Wake Forest Baptist Health, Winston-Salem, N.C.

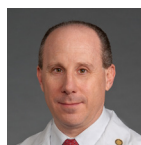
Dr. Brittany Bohinc Henderson, MD, ECNU, received her doctorate degree from Northeastern Ohio University College of Medicine and completed her residency in Internal Medicine at New Hanover Regional Medical Center and a fellowship at Duke University School of Medicine. She is board certified in Internal Medicine and Endocrinology, Diabetes and Metabolism. Her clinical practice centers on endocrine neoplasia and thyroid disorders. Her research focuses on the development of novel biomarkers for early detection of clinically aggressive endocrine tumors.



Shenelle A. Edwards-Hampton, PhD

Assistant Professor, Department of General Surgery
Director of Behavioral Health, Weight Management Center
Wake Forest Baptist Health, Winston-Salem, N.C.

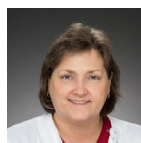
Shenelle Alyse Edwards-Hampton, PhD, received her master's degree and PhD in clinical psychology from Fuller Theological Seminary School of Psychology. She completed a two-year fellowship in neuropsychology and behavioral medicine at the Medical University of South Carolina. Dr. Edwards-Hampton is working with weight management patients at Wake Forest Baptist Health, many who have diabetes as a current or previous co-morbidity, with motivating personal change and responsibility through goal setting.



Barry Freedman, MD

Section Chief and Professor Nephrology, Wake Forest Baptist Health, Winston-Salem, N.C.

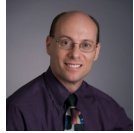
In addition to his other titles, Dr. Freedman is the John H. Felts, III Distinguished Professor of Internal Medicine and Executive Director of the Wake Forest Baptist Health Kidney & Dialysis Service Line. His research focuses on identifying genes underlying kidney disease, diabetes mellitus, cardiovascular, and bone disease and population ancestry-based disparities in kidney disease and atherosclerosis; work that paved the way for identification of the major apolipoprotein L1 kidney failure gene (APOL1). Dr. Freedman has been principal investigator on multiple NIH grants and published more than 420 peer-reviewed manuscripts and editorials.



Cathy Reeder-McIntosh, MPH, BSN, RN, CDE

Program Administrator, Joslin Diabetes Center Affiliate
Wake Forest Baptist Health, Winston-Salem, N.C.

Cathy Reeder-McIntosh is a registered nurse and certified diabetes educator with vast experience in type 1 and type 2 diabetes, insulin pump training and continuous glucose sensors. Cathy received her nursing degree from Western Carolina and her master's from UNC Greensboro. She is a leader for the Joslin Diabetes Center at Wake Forest Baptist Health, where she oversees the daily operations of the clinic. Cathy has over 30 years of experience in diabetes education and care of patients.



Gary Scheiner, MS, CDE
Owner and Clinical Director
Integrated Diabetes Services, LLC
Wynnewood, Pa.

Gary Scheiner is a Certified Diabetes Educator, Masters-level Exercise Physiologist and person with type 1 diabetes since 1985. He was named 2014 Diabetes Educator of the year by the American Association of Diabetes Educators. Gary has written six books (including "Think Like A Pancreas") and has authored several best-practice papers on the use of diabetes technology. He received his professional diabetes training with the world-renowned Joslin Diabetes Center. He serves on the faculty of Children With Diabetes and is an active volunteer for the American Diabetes Association, Juvenile Diabetes Research Foundation, Diabetes Sisters and Setebaid Diabetes Camps.

Agenda

Friday, May 6, 2016

- 7:15 am **Registration**
- 7:55 am **Opening Remarks**
- 8 am **Differentiating the Diagnosis of Diabetes**
Joseph Aloji, MD
- 9 am **New Insulin Formulations and Incretins**
Brittany Bohinc Henderson, MD
- 10 am **Break and Exhibits**
- 10:30 am **Making the Most of Continuous Glucose Monitoring (CGM)**
Gary Scheiner, MS, CDE
- 11:30 am **Practical Approaches to Insulin Pumps**
Cathy Reeder-McIntosh, MPH, BSN, RN, CDE
- 12:30 pm **Lunch and Exhibits**
- 1:15 pm **Developing a Physical Activity Plan for Patients Living with Diabetes**
Gary Scheiner, MS, CDE
- 2:15 pm **Break and Exhibits**
- 2:30 pm **Preventing Diabetic Renal and Vascular Complications: Is There a Role for Precision Medicine?**
Barry Freedman, MD
- 3:30 pm **Goal Setting for Patients with Diabetes**
Shenelle A. Edwards-Hampton, PhD
- 4:30 pm **Closing Remarks**

Location

Bridger Field House

499 Deacon Blvd.
Winston-Salem, NC 27157

[> Click Here for Online
Directions](#)

[> Click Here for
Lodging Info](#)



Cost and Registration

\$120—Fee, if by postmarked by April. 24, 2016

\$140—Fee, if postmarked after April 24, 2016

Registration fee includes instructional and administrative costs, certificate of completion, program materials, and continental breakfast and lunch.

Register and pay online at northwestahec.org or complete and return the attached registration form by mail or fax. Payment by credit card (Visa, MasterCard, American Express), cash, money order, personal check or corporate check is accepted.

Payment Policy:

Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If the corporate payment has not been received two weeks post activity, your personal credit card or check will be charged or cashed. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

Refund Policy:

Cancellations received in our office at least two days prior to the activity will result in a charge of \$50, or 30 percent of the paid registration fee, whichever is less. The registration fee will not be refunded if a cancellation is received less than two days before the activity. You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as meeting room rentals, food, equipment, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

If you have not received confirmation of your registration 24 hours before the program date, please call Mary Brogdon at 336-713-7757 or email mbrogdon@wakehealth.edu to verify the status of your registration.

Note— Registering for and attending this program authorizes Northwest AHEC/Wake Forest School of Medicine to take pictures to be used for the Center's publications, website (including social media sites) and presentations. If you do not wish to be photographed, you may opt out of photographs the day of the activity.

Handouts

Handouts will not be printed for this activity. Handouts will be available online at the Web address below on Monday, May 2, 2016, after 4 pm. Login under "My CE Profile," and click on this event title. You may access handouts for up to two weeks following the conclusion of this activity.

► www.nwahec.org/48127

For More Information and Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Mary Brogdon at least five working days prior to the activity by calling 336-713-7757 or emailing mbrogdon@wakehealth.edu.

Registration Form

18th Annual Diabetes Management Conference: The Continuum of Diabetes Care

Register online at northwestahec.org

Please select registration fee:

- \$120—Early bird, if by postmarked prior to April. 24, 2016
 \$140—Registrations postmarked after April 24, 2016

Register and pay online at northwestahec.org or complete and return this form. Payment by credit card (Visa, MasterCard, American Express), cash, money order, personal check or corporate check is accepted.

Name _____

Profession _____ Degree/Credentials _____

Job Title _____ Last 4 digits of SS # _____

Employer _____

Contact Method: Mail Only Email Only Both

Mailing Address (Home / Office)

City _____ State _____ Zip _____

Cell Phone _____ Email _____

Payment Method:

Cash Amount Enclosed _____

Check Check No. _____
Make check payable to: Wake Forest School of Medicine

Credit Card Visa MasterCard American Express

Card # _____ Exp. Date _____

Name on Card (print) _____

Billing Address _____

Signature _____

Mail to

Northwest AHEC \ Wake Forest School of Medicine
Medical Center Boulevard \ Winston-Salem, NC 27157-1060
Attention: Mary Brogdon
or fax to: 336-713-7701

ACPE Credit (Pharmacy only)

NABP #

Pin (mmdd of birthday)